

THE HUM

The newsletter of Durham County Library
Humanities Programming

Have you seen the

DURHAM COUNTY LIBRARY COMMUNITY COOKBOOK ZINE yet?!

As part of last year's second annual Durham County Library *Library Fest*, a group of dedicated staff members worked diligently to bring this unique and delicious collection of community recipes together for all to try and enjoy! Visit the library website to get your own copy. Happy eating!

Zine compiled by Larkin Coffey, John Davis, Jess Epsten, & Beth Weiss with illustrations by Melissa Fernandez. Special thanks to Patrick Holt!

Don't forget to mark your calendars for the 3rd annual *Library Fest*, April 24-29, 2023.



"Dear readers,

We hope this zine helps connect people, as recipes can spark conversations, evoke memories, or lead to breakthroughs. Create your own interpretations and enjoy safely. Special thanks to all contributors and you the reader for bringing us together to create collages."
(excerpt from the zine)

Seats Available

The Triumph of American Music

*January 11, 2023 6:00 - 7:00 pm
Main Library Auditorium*



*Presented by:
John Edward Hasse*



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DURHAM COUNTY
Library



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Just why is American music so resoundingly popular? So uniquely compelling to people the world over? Who is the most consequential figure in the history of American music? If a Mt. Rushmore of musicians were chosen, what four should be selected?

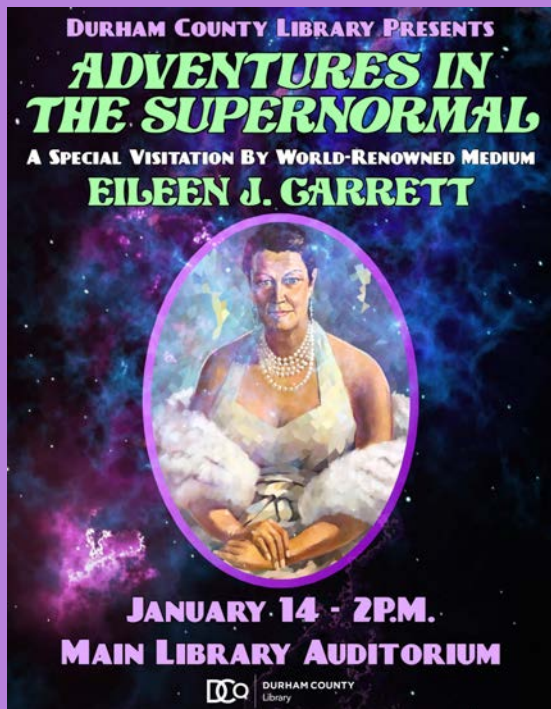
Dr. John Edward Hasse—Curator Emeritus of American Music at the Smithsonian Institution and author of several books on music—explains. He illustrates The Triumph of American Music with timeless video clips.

Join Dr. Hasse for this exhilarating journey and you'll better understand why our nation's music has prevailed around the globe.

*Grammy
Nominated,
Award-Winning Music
Historian, & Curator
Emeritus at the
Smithsonian Institution*

You don't want to miss these exciting events from Main Library's Adult Services Unit

Saturday, January 14, 2023
2:00pm - 5:00pm
Main Library Auditorium



Adventures In The Supernormal: A Special Visitation by Eileen Garrett

Do you want to find out more about psychic abilities? Come to the Durham County Library to hear The Medium's Message from world-renowned parapsychological researcher Eileen J. Garrett.

Eileen Garrett, 20th-century medium, collaborated with researchers to examine paranormal issues and her own psychic experiences. A breakthrough figure when women did not usually have major roles in scientific studies, she provided a model for researching psychic practitioners. Her legacy continued for many decades through the work of her Parapsychology Foundation and in her writing and lectures.

At the end of this 30-minute costumed portrayal of Garrett's life, ideas, and contributions, there will be a Q&A period followed by Dr. Sally Ann Drucker of Durham's Rhine Research Center, who will discuss Garrett's connection to the Center and contemporary parapsychology research.

DUNGEON SYNTH: An Electric Quest With Mahr G'didj

What is Dungeon Synth? The soundtrack to adventures and peril, the key to a portal in the back of your mind where childhood dreams and nightmares dwell.

Dungeon Synth is fantasy synthesizer music made by reclusive weirdos. Join local DS enthusiast Mahr G'Didj and his Master of Lore for an introduction to the vast, undiscovered worlds of Dark Dungeon Music....

For fans of retro rpg soundtracks and renaissance faires. Suitable for all ages!

Saturday, January 28, 2023
4:00pm - 5:30pm
Main Library Auditorium



STOICISM

Ancient Wisdom for an Unsettled World

Presented by:
Z Quanbeck

Ph.D. Candidate in Philosophy at UNC-Chapel Hill and Maynard Adams Fellow for the Public Humanities, in partnership with Carolina Public Humanities

February 4, 2023 10:30-12:30

Durham County Main Library

Maker's Space - 1st Floor

durhamcountylibrary.org/events



In recent years, the ancient Greek and Roman philosophy of Stoicism has become a pop culture phenomenon. From Silicon Valley to the military to the self-help movement, Americans are increasingly recognizing the relevance of Stoic approaches to resilience and self-mastery. Yet despite Stoicism's growing popularity, its complex historical and philosophical basis is often underappreciated.

This two-hour event open to the public will provide a crash course in the history and philosophy of Stoicism, opportunities for participants to discuss and evaluate the merits of Stoic ethical teachings, and a chance to develop their own Stoic practices.

