



Below is just a selection of our adult programs. For our full listing of programs, please view our events calendar.

FEATURED PROGRAM

Myths & Monsters



Myths & Monsters
 Saturday, November 9, 11 a.m. - 4 p.m.
[Main Library](#)
[Registration Required](#)

Join us for an enchanting journey into the world of "Myths and Monsters!" This captivating event celebrates fascinating creatures and folklore from around the globe and is perfect for all ages. Immerse yourself in tales of legendary beasts, explore cultural myths, and participate in engaging activities designed to spark your imagination. Whether you're a curious child or a folklore enthusiast, there's something for everyone. Don't miss out on this magical experience filled with crafts, treats, and fun!

Contact: LaShaunda Rogers, logers@dcon.gov

[Register for Myths & Monsters](#)

FEATURED PROGRAM

Fall Community Plant Swap



Fall Community Plant Swap
 Saturday, November 2, 2 - 4 p.m.
[Main Library](#)
[Registration Required](#)

Join the All-Skills Gardening Group of Durham, Durham County Extension Master Gardener volunteers, Panther Creek Forest Farm, and Driver Street Nursery for a fall community plant swap! Bring your perennials, saplings, shrubs, bulbs, houseplant cuttings, and seeds to swap and share with other local gardeners. Have all your gardening questions answered by Durham County Extension Master Gardeners! Join community partners Panther Creek Forest Farm to learn about native trees and Driver Street Nursery to learn about native plants in Durham. Check out the Digging Durham Seed Library resources and seeds. Fall is a great time to plant to get a head start on next year's garden!

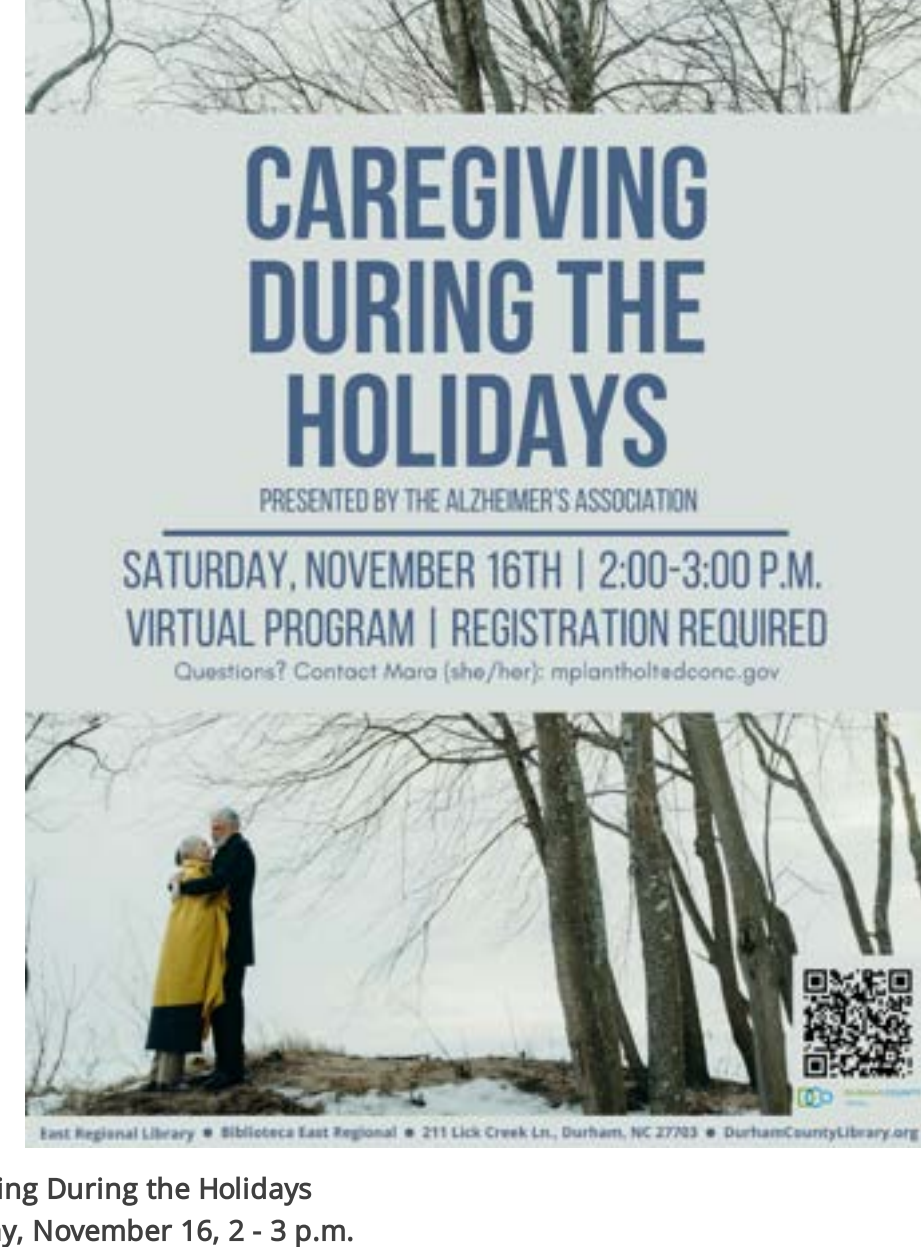
Please bring your own boxes or bags for transporting plants. A marker, painters' tape or tags, and small bags or envelopes are also helpful at plant swaps.

Contact: Megan Koslowski mkoslowski@dcon.gov

[Register for the Fall Community Plant Swap](#)

FEATURED PROGRAM

Caregiving During the Holidays



Caregiving During the Holidays
 Saturday, November 16, 2 - 3 p.m.
[Virtual Program](#)
[Registration Required](#)

Join the Alzheimer's Association as they share advice for caregivers during the holidays. The holidays are filled with sharing, laughter, and memories, but they can also bring stress, disappointment, or sadness. Caregivers may feel overwhelmed by maintaining traditions while providing care and adhering to safety precautions, keeping a routine, and reducing stimulation in the environment. Learn tips and strategies to make this time easier.

This is a virtual program. Registration is required to receive a link to the program. To register, please visit the [Caregiving During the Holidays registration page](#). There is a link to a Zoom registration page.

Contact: Mara Plantholt, mplantholt@dcon.gov

[Register for Caregiving During the Holidays](#)

FEATURED PROGRAM

Cooking and Comics



Cooking and Comics
 Saturday, November 2, 11 a.m. - 12:30 p.m.
[Main Library](#)
[Registration Not Required](#)

Join us for a two-part event celebrating cooking and comics!

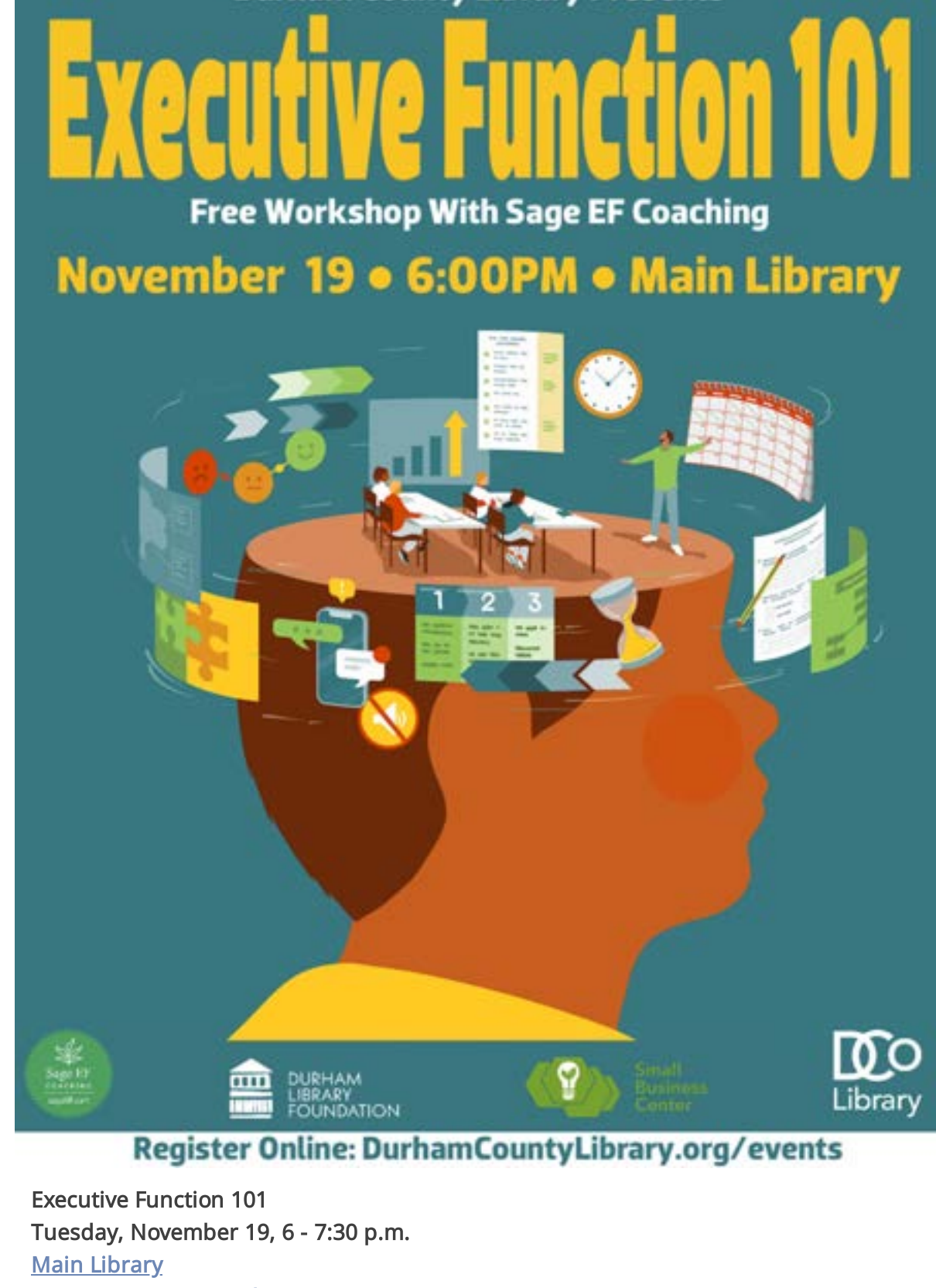
Join Deborah Ulmer of Dee's Kitchen for an Intro to Plant Based Cooking class. Following the class, Deborah will be joined by the Color of Fandom for a panel celebrating comics featuring chefs and the art of cooking.

Contact: Wynne Davis, wvdavis@dcon.gov

[Register for Cooking and Comics](#)

FEATURED

Executive Function 101



Executive Function 101
 Tuesday, November 19, 6 - 7:30 p.m.
[Main Library](#)
[Registration Required](#)

This will be a special workshop on the basics of executive function (EF) led by a coach from Sage Executive Function Coaching. We will cover skill areas, neuroscience basics, complicating factors (ADHD, learning differences, trauma, etc.), as well as common adult tasks and how EF skills are involved. The workshop will also include techniques to self-assess EF to identify areas of strength and struggle and identify further resources for improvement.

Contact: Larkin Coffey, lcoffey@dcon.gov

[Register for Executive Function 101](#)

FEATURED

LGBTQ Legal Clinic: Name Changes



LGBTQ Legal Clinic: Name Changes
 Saturday, November 9, 2024
[Main Library](#)
[Registration Encouraged](#)

Meet one-on-one with volunteer law students and attorneys from the NCCU School of Law and learn about the process of changing your name and gender marker in North Carolina! During the clinic, volunteer attorneys and law students will be providing you with legal information about the name change process in North Carolina, help with putting together a plan for you to file for your own name change, and assistance with filling out the forms, if desired. This event is co-sponsored by the LGBTQ Center of Durham.

Registration encouraged but not required. Walk-ins are welcome.

Contact: Larkin Coffey, lcoffey@dcon.gov

[Register for the LGBTQ Legal Clinic](#)

Check out these other events for adults!

- Click the links below to for more info.
- [Misinformation in the Age of AI](#)
 Tuesday, November 12, 6 - 7 p.m.
 Main Library
- [Glass Etching Take & Make](#)
 Wednesday, November 13, 6 - 7 p.m.
 Main Library
- [Puzzle Swap](#)
 Saturday, November 16, 10 a.m. - Noon
 South Regional Library
- [Home Repair Lab: Home Fundamentals](#)
 Monday, November 18, 6 - 7:30 p.m.
 Main Library
- [Library Garden Club](#)
 Saturday, November 23, 10 - 11 a.m.
 Main Library

[See a full calendar of events](#)



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