



Below is just a selection of our adult programs. For our full listing of programs, please view our events calendar.

#### FEATURED PROGRAM

## Executive Function 103: Improving Your Task Management



Executive Function 103: Improving Your Task Management  
Wednesday, May 21, 6 - 7:30 p.m.

[Main Library](#)

[Registration Required](#)

Join Kate Sage, Executive Function Coach and owner of Sage EF Coaching, for the next session in our series on executive function!

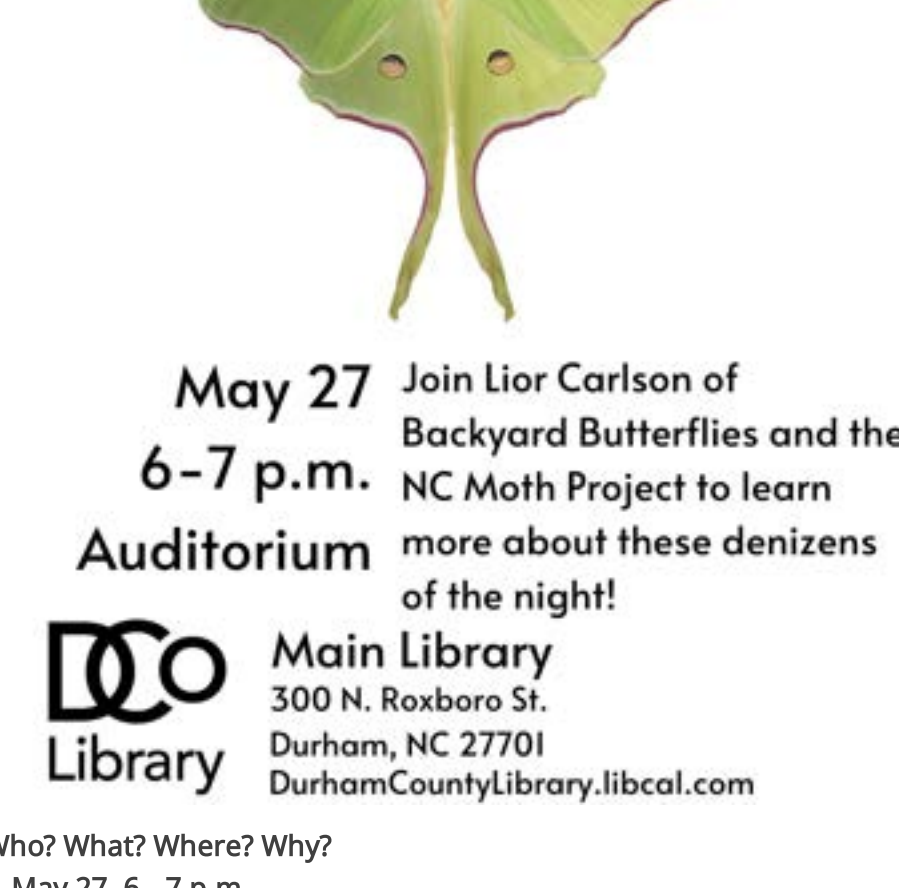
Do you put the “pro” in procrastination? Do you have a hard time with multi-step tasks? Do you struggle to make a plan or start projects? Expect to leave this session with a better understanding of executive functioning and how it impacts task management. You'll learn how to employ mindset shifts, holistic strategies, digital tools, and self-coaching methods to improve your relationship with tasks.

Contact: Jana Bradley, [jbradley@dcconc.gov](mailto:jbradley@dcconc.gov)

[Register for Executive Function 103](#)

#### FEATURED PROGRAM

## Moths! Who? What? Where? Why?



Moths! Who? What? Where? Why?  
Tuesday, May 27, 6 - 7 p.m.

[Main Library](#)

[Registration Required](#)

Who are these evening pollinators? What kind of light attracts moths, and why does it attract them? Where can you see moths? When are moths most active? Why are there so many more species of moths native to North Carolina than butterflies?

Moths evolved before butterflies 190 million years ago, flying amongst the dinosaurs. 3000 species have been observed in North Carolina, outnumbering the 177 observed butterfly species in our state. They pollinate flowering plants ignored by bees and are often attracted to porch lights, circling frantically until they can orient to the moon.

Are they destructive, beneficial, or economically valuable?

Join Lior Carlson of Backyard Butterflies and the NC Moth Project to learn more about these denizens of the night!

Contact: Megan Koslowsky, [mkoslowsky@dcconc.gov](mailto:mkoslowsky@dcconc.gov)

[Register for Moths!](#)

#### FEATURED PROGRAM

## Litter Kits



Litter Kits for Checkout  
[System-Wide](#)

Get ready, because Durham County Library has a new kit that will “litter”ally transform the streets of Durham! We will begin loaning out litter kits beginning the first week of May and are excited to partner with Keep Durham Beautiful to provide free kits with a litter picker, vest, gloves, and trash bags for seven days. Families can use these kits to properly dispose of trash and recyclables in their neighborhoods and beautify local green spaces. The kits will be sanitized between uses. We hope these kits will empower communities by encouraging environmental responsibility and stewardship!

Contact: Larry Daniels, [ldaniels@dcconc.gov](mailto:ldaniels@dcconc.gov)

[More Information on Litter Kits](#)

#### FEATURED PROGRAM

## Urban Homesteading: Backyard Poultry



Urban Homesteading: Backyard Poultry  
Tuesday, May 13, 6 - 7:30 p.m.

[Main Library](#)

[Registration Required](#)

Are you intrigued by the idea of backyard chickens? Ever wonder about raising chickens of your own for eggs or as pets?

Join Alex, a Durham and Orange County Cooperative Extension agent, for an introduction to backyard poultry. This program is an opportunity for first-time poultry owners to learn about housing, feed, and other topics to help make their chicken experience enjoyable and successful. This program is mainly a lecture with a presentation and will be followed by a Q&A and discussion.

Contact: Caroline Flory, [cflory@dcconc.gov](mailto:cflory@dcconc.gov)

[Register for Urban Homesteading](#)

#### FEATURED PROGRAM

## Get Started with Container Gardening



Get Started with Container Gardening  
Saturday, May 17, 11 a.m. - 12:30 p.m.

[South Regional Library](#)

[Registration Required](#)

No yard? No problem! Join Cooperative Extension Master Gardener volunteer Monica Mense to learn how to grow fresh herbs, veggies, and more in small spaces. This program is perfect for apartment dwellers, renters, or anyone curious about maximizing their growing space with pots, buckets, and balcony-friendly setups.

Contact: Elle Farmer, [kfarmer@dcconc.gov](mailto:kfarmer@dcconc.gov)

[Register for Container Gardening](#)

#### FEATURED PROGRAM

## Oh My Gourd! Create a Natural Birdhouse



Oh My Gourd! Create a Natural Birdhouse  
Saturday, May 24, 2 - 3:30 p.m.

[Main Library](#)

[Registration Required](#)

Create your own natural birdhouse from gourds! Local artist Kim Tyler will share techniques and tips for making a natural birdhouse, and you'll get to make one for your summer garden. All supplies will be provided. This program will take place in the Maker Lab (1st floor) at Main Library, and registration is required. This program is sponsored by the Friends of the Durham Library.

Contact: Jennifer Jamsky, [jjamsky@dcconc.gov](mailto:jjamsky@dcconc.gov)

[Register for Oh My Gourd](#)

Check out these other events for adults!

Click the links below to for more info.

[The Deficit Myth: Money and the Federal Government](#)  
Monday, May 12, 6 - 7:30 p.m.  
Main Library

[Exercises for Injury Reduction and Prevention](#)  
Wednesdays in May, 1 - 1:45 p.m.  
South Regional Library

[Tree Hazards](#)  
Saturday, May 31, 10 - 11 a.m.  
Main Library

[Laser-khatt: Arabic Calligraphy](#)  
Saturday, May 10, 3 - 5 p.m.  
Main Library

[Let's Learn Together: Knitting](#)  
Week of Monday, May 5, 4 - 5:30 p.m.  
South Regional Library

[See a full calendar of events](#)



[librarymarketing@dcconc.gov](mailto:librarymarketing@dcconc.gov)  
[DurhamCountyLibrary.org](http://DurhamCountyLibrary.org)

