



Below is just a selection of our adult programs. For our full listing of programs, please view our events calendar.

FEATURED PROGRAM

These Routes are Made for Walkin'  
Exercise Challenge



These Routes are Made for Walkin' Exercise Challenge  
Friday, September 19 - Friday, October 31  
[South Regional Library](#)  
[Registration Not Required](#)

Discover the deep roots of Durham with our 2025 exercise challenge that celebrates the Bull City's history. Keep track of the number of minutes you exercise using one of our trackers available at South Regional Library! You can also [request a printable PDF](#). Earn extra entries into the prize drawing by exploring historic areas of Durham. The challenge runs from September 19 through October 31. Trackers will be available beginning Monday, September 15 and are due at South Regional Library by Saturday, November 8.

Contact: Jessica Lundin, [jlundin@dcnc.gov](mailto:jlundin@dcnc.gov)

More Information on the Exercise Challenge

FEATURED PROGRAM

Fourth Annual Local Author Showcase



Local Author Showcase  
Saturday, September 6, 10 a.m. - 1 p.m.  
[East Regional Library](#)  
[Registration Not Required](#)

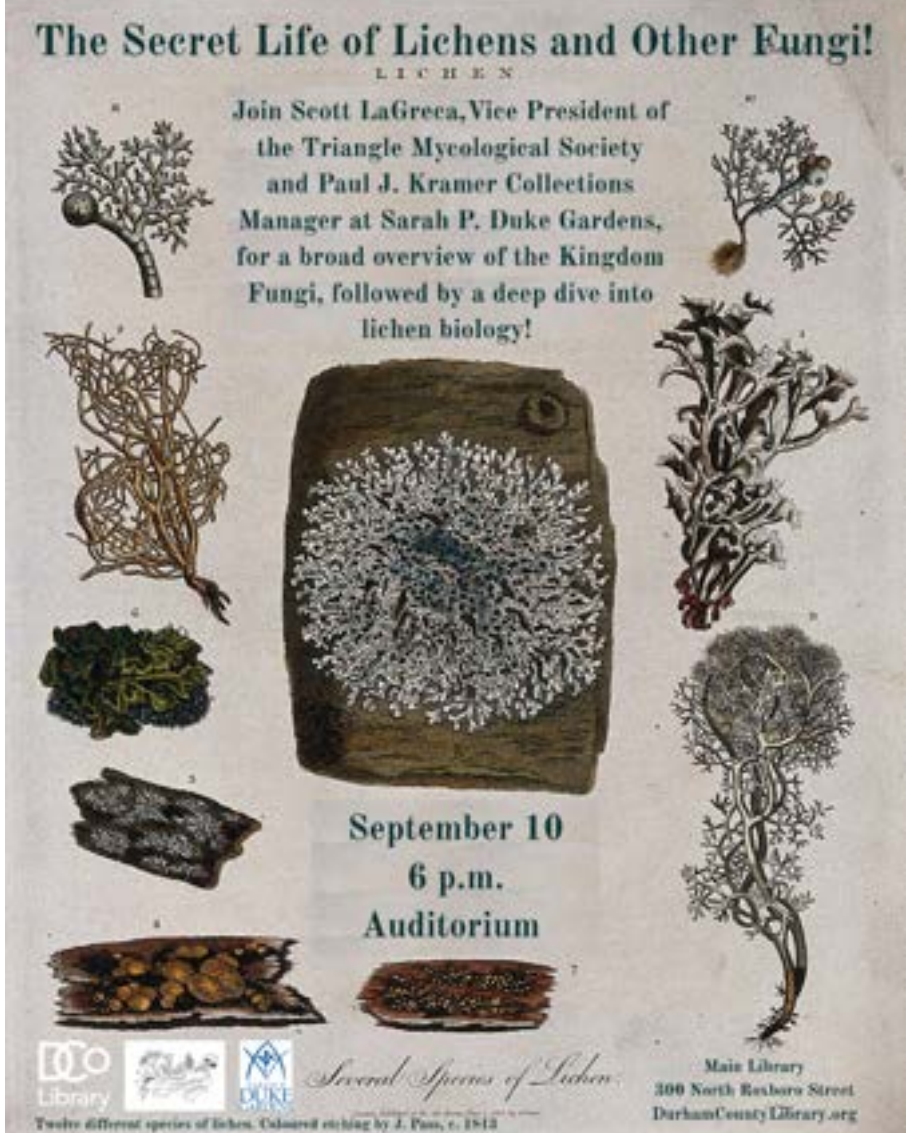
Mingle with local writers as they share their stories, sign copies of their books, and showcase their talents. Authors will have the opportunity to read short excerpts from their books and time will be allotted for individual conversations and networking. Whether you're an aspiring writer or a supporter of great literature, this event is an excellent opportunity to bask in our valuable, vibrant community. About a dozen authors from the Triangle will table at this event. Come join us!

Contact: Phil Locey, [plocey@dcnc.gov](mailto:plocey@dcnc.gov)

More Information on the Author Showcase

FEATURED PROGRAM

The Secret Life of Lichens and Other Fungi



The Secret Life of Lichens and Other Fungi  
Wednesday, September 10, 6 - 7 p.m.  
[Main Library](#)  
[Registration Required](#)

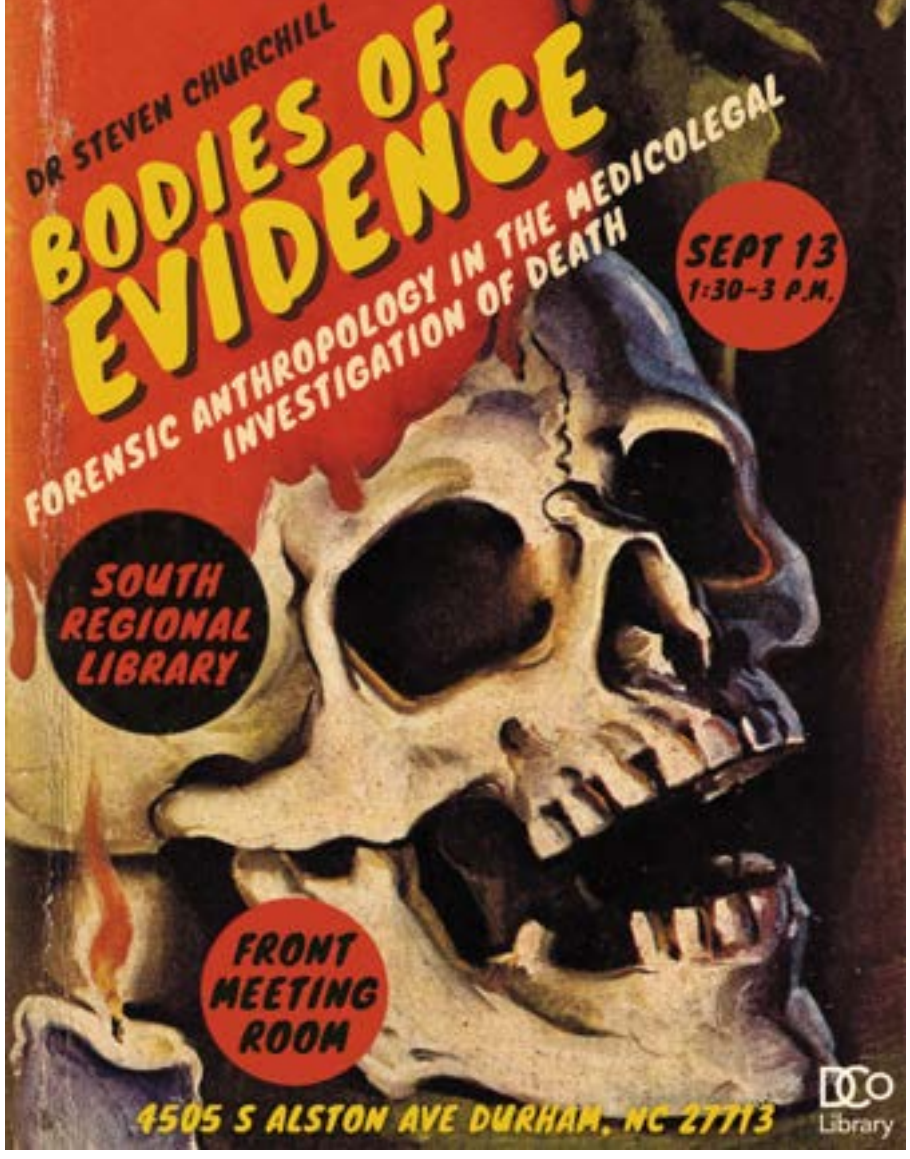
What are lichens and why should we care? Join Scott LaGreca, Vice President of the Triangle Mycological Society and Paul J. Kramer Collections Manager at Sarah P. Duke Gardens, for a broad overview of the Kingdom Fungi, followed by a deep dive into lichen biology. Explore fascinating facts and stories about the lichens of North Carolina, a biologically fascinating part of the world that is home to two lichen biodiversity hotspots! There will be a variety of lichen specimens on display!

Contact: Megan Koslofsky, [mkoslofsky@dcnc.gov](mailto:mkoslofsky@dcnc.gov)

Register for The Secret Life of Lichens

FEATURED PROGRAM

Bodies of Evidence: Forensic Anthropology



Bodies of Evidence: Anthropology in the Medicolegal Investigation of Death  
Saturday, September 13, 1:30 - 3 p.m.  
[South Regional Library](#)  
[Registration Required](#)

Have you ever wondered what forensic scientists can learn about a victim's identity and the circumstances of their death from their skeleton? Or maybe you've been curious about how realistic shows like *CSI* and *Bones* are. If so, please join us for a talk by Dr. Steven Churchill, Professor of Evolutionary Anthropology at Duke University, on the role of forensic anthropology in the medicolegal investigation of death.

In addition to covering some of the basics of what can be learned from a person's skeleton, Dr. Churchill will share his experiences on two cases that illustrate forensic anthropology in action - one involving an abduction and murder in New Mexico, and the other concerning a victim of a notorious serial killer!

Note: this presentation may contain graphic content related to death, decomposition, and crime scenes. Viewer discretion is advised.

Contact: Elle Farmer, [kfarmer@dcnc.gov](mailto:kfarmer@dcnc.gov)

Register for Bodies of Evidence

Check out these other events for adults!  
Click the links below to for more info.

Nic Cage Film Discussion Group  
Tuesday, September 2, 6 - 7 p.m.  
Main Library

Energy Saving 101  
Monday, September 8, 6 - 7:30 p.m.  
Main Library

Cool Flowers: Fall Planting  
Saturday, September 13, 10 - 11 a.m.  
Main Library

Fall Home Buyer 101 Seminar  
Saturday, September 20, 10 a.m. - Noon  
South Regional Library

AI Foundations for Startups  
Tuesday, September 23, 6 - 7:30 p.m.  
Main Library

See a full calendar of events