Below is just a selection of our adult programs. For our full listing of programs, please view our events calendar.

FEATURED PROGRAM Attention Span Rehab



Attention Span Rehab
Saturday, October 4, 2 - 3:15 p.m.
Southwest Regional Library
Registration Encouraged

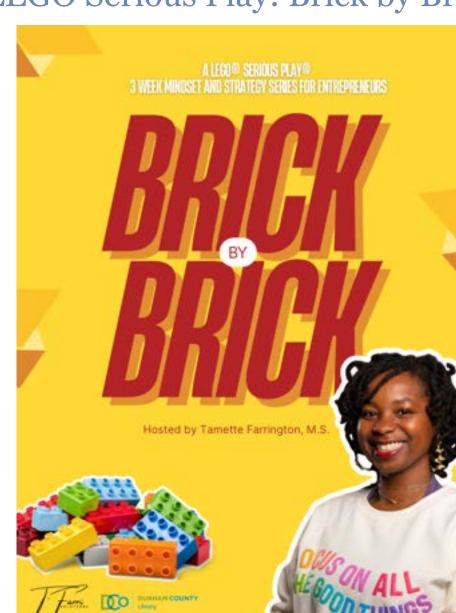
Found yourself unable to focus? Constantly switching between tasks? In 2004, the average attention span was 2.5 minutes. Today, the American Psychological Association estimates that it's around 47 seconds. Lack of attention span has been attributed to stress, increased errors, and slower performance. Plus, it can just make life feel really overwhelming. So, give your brain a break! Join us for a phone free hour of reading, coloring, brain teasers, quiet conversation, and more, and take back your attention! Registration is encouraged but not required.

Visit durhamcountylibrary.org or call 919-560-8593 to register.

Contact: Raivynn Smith, raivynnsmith@dconc.gov

More Information on Attention Span Rehab

FEATURED PROGRAM LEGO Serious Play: Brick by Brick



Main Library
Registration Required

This interactive 3-week workshop series is designed for aspiring and current

Thursday, October 9, Noon - 1:30 p.m.

Brick by Brick: Building Entrepreneurial Excellence

entrepreneurs who want to build a business with intention, confidence, and clarity—brick by brick. Using the innovative LEGO® Serious Play® method, participants will engage in hands-on activities to explore their entrepreneurial mindset, values, and next steps. Each session will guide attendees through powerful self-reflection, group sharing, and practical planning that fosters entrepreneurial growth from the inside out.

Contact: Austin Daniels, ausdaniels@dconc.gov

Register for Brick by Brick

Supa Dupa Fly: Missy Elliott's Black

FEATURED PROGRAM

Feminist Worldmaking Durham County Library Presents



Registration Required

Join Durham County Library for a special lecture by Brittany Hutchinson, PhD candidate in the Department of American Studies at UNC Chapel Hill.

debut album. Known for her genre-defying lyrical and sonic performance, Missy Elliott's relationship with the visually uncanny, humorous, and absurd distinguishes her from her peers.

Are you looking for a Missy Elliott album, or maybe that of another hip-hop or R&B icon? Join the Friends of the Durham Library for a pop-up CD sale at Main Library on

feminist visual performance across the music videos associated with the artist's 1997

Missy Elliott's Black Feminist Worldmaking initiates a critical discussion of Black

all genres, all for the low price of just \$1 per disc. See our calendar for more details about the pop-up sale.

Contact: Larkin Coffey, localizetra localizetra

Register for Supa Dupa Fly

Saturday, October 11 from 11 a.m. - 3 p.m.! They will have thousands of CDs spanning

Register for

The Chemistry of Cocktails with Ment

Beverage Co.

chemistry of cocktails



Ment Beverage Co. for learning all about this modern-day alchemy! In this program, Ment staff will talk about how acids change flavors, phenolics and tasting with your nose (the smoky part), how oxidation works in wine, and bochet, the art of caramelized mead.

The program will have a roughly one-hour presentation with Q&A immediately following. Drinks will be available for optional purchase, including a featured smoky drink for the fall!

Contact: Caroline Flory, cflory@dconc.gov and Kyle Lampart, klampart@dconc.gov

Ever wonder how chemistry and cocktails mix? Join the Maker + STEAM team with

Register for The Chemistry of Cocktails

Check out these other events for adults!

Click the links below to for more info.

Adult Study Hall

Tuesdays in October, 10 - 11:30 a.m. Main Library

Horror Film Streak Wednesdays in October, 5:45 - 8 p.m. South Regional Library

Morbid Tales: A Night of Horror and Heavy

Metal

Tuesday, October 2, 7 - 9 p.m. Offsite at Moondog Meadery

Miniature Books and Bookcases Wednesday, October 8, 5:30 - 7 p.m. Main Library

Adult Storytime Monday, October 20, 6 - 7 p.m.

Monday, October 20, 6 - 7 p.m.

North Regional Library

Renovation Planning Basics with Home Repair Lab Monday, October 20, 6 - 7:30 p.m. Main Library



DURHAM COUNTYLibrary



librarymarketing@dconc.gov

Share Your Experience!

